

Essex

93 RESULTS

GIRLS

TEAMS: 1-Columbia 103, 2-Science 50, 3-Nutley 41, 4-West Orange 38, 5-Montclair 34, 6-Glen Ridge 32, 7-Weequahic 28, 8-Orange 25, 9-Newark West Side 14, 10-Montclair Immaculate 11, 11-Cedar Grove, Livingston and East Orange 8, 14-Verona and Arts 6, 18-Irvington and Newark Academy 5, 19-Millburn and Clifford Scott 4, 20-West Essex 2, 21-Bloomfield and Caldwell 1.

100-METER DASH: 1-Daria Pigott, West Orange 12.62, 2-Keshia Golding, Orange 12.65, 3-Nayo Williams, Orange 12.78, 4-Pasha Sumner, Montclair Immaculate 12.82, 5-Sharon Anderson, Columbia 12.91, 6-Joy Ononuju, Columbia 12.98.

200-METER DASH: 1-Daria Pigott, West Orange 25.51, 2-Charliha McLean, Weequahic 25.97, 3-Keshia Golding 26.0, 4-Nayo Williams, Orange 26.02, 5-Sharon Anderson, Columbia 26.20, 6-Lauren Olmsted, Nutley 26.27.

400-METER RUN: 1-Rhea Moore, Columbia 57.87, 2-Shalonda Martin, East Orange 58.73, 3-Charliha McLean, Weequahic 59.24, 4-Tamara Barker, Weequahic 1:00.42, 5-Cecilia Alston, Weequahic 1:00.60, 6-Camille Brown, Arts 1:00.62.

800-METER RUN: 1-LaToya Stevens, West Side 2:26.43, 2-Monique Nicholas, Columbia 2:27.59, 3-Caroline King, Glen Ridge 2:29.13, 4-Katrina Hudson, Clifford Scott 2:29.30, 5-Corrine Szewyk, West Orange 2:30.22, 6-Stacey Stewart, Science 2:30.25.

1,600-METER RUN: 1-Monique Nicholas, Columbia 5:24.0, 2-Jessica King, Glen Ridge 5:28.5, 3-Jane Manner, Montclair 5:27.3, 4-LaToya Stevens, West Side 5:40.4, 5-Jessica Rackover, Newark Academy 5:43.1, 6-Lynn Frikert, Nutley 5:47.3.

3,200-METER RUN: 1-Jessica King, Glen Ridge 11:28.8, 2-Heather Bury, West Orange 11:36.2, 3-Monique Nicholas, Columbia 11:45.9, 4-Jessica Rackover, Newark Academy 12:11.3, 5-Shelia Hackman, Irvington 12:29.4, 6-Lynn Frikert, Nutley 12:42.3.

100-METER HIGH HURDLES: 1-Tiffany Anglin, Montclair 14.57, 2-Melissa Branigan, Nutley 14.85, 3-Kerry Gayle, Columbia 15.07, 4-Vinnetta Gordon, Montclair 15-39, 5-Alyanna Burton, Columbia 16.17, 6-Vanessa Santini, Nutley 16.18.

400-METER INTERMEDIATE HURDLES: 1-Kerry Gayle, Columbia 1:04.88, 2-Rhea Moore, Columbia 1:06.64, 3-Alyanna Burton, Columbia 1:07.03, 4-Melissa Branigan, Nutley 1:07.05, 5-Theela Koffah, Irvington 1:10.87, 6-Leidba Newton, Arts 1:01.99.

HIGH JUMP: 1-Alyanna Burton, Columbia 5-0, 2-Angela Tarella, Cedar Grove 4-10, 3-Carolyn King, Glen Ridge 4-8, 4-Kristina Reilly, Millburn 4-8, 5-Kirsten Scherer, West Orange 4-8, 6-Jessica Schmidt, Bloomfield 4-8.

LONG JUMP: 1-Vinnetta Gordon, Montclair 16-11 $\frac{1}{2}$, 2-Lauren Olmsted, Nutley 16-5 $\frac{1}{2}$, 3-Kerry Gayle, Columbia 16-3 $\frac{1}{2}$, 4-Joy Ononuju, Columbia 15-7 $\frac{1}{2}$, 5-Vanessa Santini, Nutley 15-4 $\frac{1}{2}$, 6-Keshia Golding, Orange 15-4 $\frac{1}{2}$.

SHOT PUT: 1-Frances Smith, Science 40-2 record; former record 39-8, Betsy Manning, Glen Ridge, 1981, Tina Richardson, Science 35-6, 3-Gloria Nash, West Orange 35-0 $\frac{1}{2}$, 4-Sarah Reaig, Montclair 34-0, 5-Pasha Sumner, Montclair Immaculate 33-10, 6-Nicole Taylor, Montclair Immaculate 31-2.

DISCUS: 1-Frances Smith, Science 117-5, 2-Tina Richardson, Science 100-7, 3-Danielle Gibson, Verona 100-6, 4-Nicole Taylor, Montclair Immaculate 92-9, 5-Aziza Davis, Columbia 89-8, 6-Alyson Sheehan, Caldwell 88-1.

JAVELIN: 1-Frances Smith, Science 100-9, 2-Ali Omaunnis, Livingston 99-10, 3-Tamyn Rucinski, Nutley 98-8, 4-Katie Mortarty, Glen Ridge 92-1, 5-Vanessa Santini, Nutley 90-11, 6-Tina Richardson, Science 88-9.

1,600-METER RELAY: 1-Columbia (Joy Ononuju, Chi Onugha, Kerry Gayle and Rhea Moore) 3:58.9, 2-Weequahic 3:58.9, 3-Nutley 4:17.8, 4-Orange 4:38.4, 5-Montclair 4:38.4, 6-Glen Ridge 4:38.4, 7-Weequahic 4:38.4, 8-Orange 4:38.4, 9-Montclair 4:38.4, 10-Glen Ridge 4:38.4, 11-Weequahic 4:38.4, 12-Orange 4:38.4, 13-Montclair 4:38.4, 14-Glen Ridge 4:38.4, 15-Weequahic 4:38.4, 16-Orange 4:38.4, 17-Montclair 4:38.4, 18-Glen Ridge 4:38.4, 19-Weequahic 4:38.4, 20-Orange 4:38.4, 21-Montclair 4:38.4, 22-Glen Ridge 4:38.4, 23-Weequahic 4:38.4, 24-Orange 4:38.4, 25-Montclair 4:38.4, 26-Glen Ridge 4:38.4, 27-Weequahic 4:38.4, 28-Orange 4:38.4, 29-Montclair 4:38.4, 30-Glen Ridge 4:38.4, 31-Weequahic 4:38.4, 32-Orange 4:38.4, 33-Montclair 4:38.4, 34-Glen Ridge 4:38.4, 35-Weequahic 4:38.4, 36-Orange 4:38.4, 37-Montclair 4:38.4, 38-Glen Ridge 4:38.4, 39-Weequahic 4:38.4, 40-Orange 4:38.4, 41-Montclair 4:38.4, 42-Glen Ridge 4:38.4, 43-Weequahic 4:38.4, 44-Orange 4:38.4, 45-Montclair 4:38.4, 46-Glen Ridge 4:38.4, 47-Weequahic 4:38.4, 48-Orange 4:38.4, 49-Montclair 4:38.4, 50-Glen Ridge 4:38.4, 51-Weequahic 4:38.4, 52-Orange 4:38.4, 53-Montclair 4:38.4, 54-Glen Ridge 4:38.4, 55-Weequahic 4:38.4, 56-Orange 4:38.4, 57-Montclair 4:38.4, 58-Glen Ridge 4:38.4, 59-Weequahic 4:38.4, 60-Orange 4:38.4, 61-Montclair 4:38.4, 62-Glen Ridge 4:38.4, 63-Weequahic 4:38.4, 64-Orange 4:38.4, 65-Montclair 4:38.4, 66-Glen Ridge 4:38.4, 67-Weequahic 4:38.4, 68-Orange 4:38.4, 69-Montclair 4:38.4, 70-Glen Ridge 4:38.4, 71-Weequahic 4:38.4, 72-Orange 4:38.4, 73-Montclair 4:38.4, 74-Glen Ridge 4:38.4, 75-Weequahic 4:38.4, 76-Orange 4:38.4, 77-Montclair 4:38.4, 78-Glen Ridge 4:38.4, 79-Weequahic 4:38.4, 80-Orange 4:38.4, 81-Montclair 4:38.4, 82-Glen Ridge 4:38.4, 83-Weequahic 4:38.4, 84-Orange 4:38.4, 85-Montclair 4:38.4, 86-Glen Ridge 4:38.4, 87-Weequahic 4:38.4, 88-Orange 4:38.4, 89-Montclair 4:38.4, 90-Glen Ridge 4:38.4, 91-Weequahic 4:38.4, 92-Orange 4:38.4, 93-Montclair 4:38.4.

BOYS

TEAMS: 1-Columbia 83, 2-Montclair 51, 3-St. Benedict's Prep 42, 4-West Side 31, 5-Arts 29, 6-West Orange 28, 7-Orange 25 and Caldwell 25, 9-Shabazz 19, 10-Irvington 16, 11-Barringer, Cedar Grove and West Essex 14, 14-Weequahic 12, 15-Millburn 10, 16-Science 9, 17-Nutley 8, 18-Essex Catholic, Belleville and Bloomfield 6, 21-Montclair Immaculate 5, 22-Livingston 4, 23-Newark University 4, 24-Seton Hall Prep 2, 25-Clifford Scott and Verona 1.

100-METER DASH: 1-Kevin Hampson, West Side 11.07, 2-Darrell Hall, Barringer 11.17, 3-Malcolm Watts, Irvington 11.21, 4-Myles Goodwin 1.22, 5-Vernon Pierre, Millburn 11.35, 6-Abdul Ashwood, St. Benedict's Prep 11.48.

200-METER DASH: 1-Kokia Shanks, Weequahic 21.88, 2-Joe Lee, St. Benedict's Prep 22.13, 3-Darrell Hall, Barringer 22.21, 4-Marcus Banks, Orange 22.35, 5-Watts 22.46, 6-Myles Goodwin, Montclair 22.58.

400-METER RUN: 1-Kevin Hampson, West Side 48.28, 2-Joe Lee, St. Benedict's Prep 48.93, 3-Nakia Fenner, Science 48.98, 4-Joe Elta, St. Benedict's Prep 50.64, 4-Marus Banks, Orange 51.05, 5-Steve Jackson, West Side 51.19.

800-METER RUN: 1-Rick Plichman, Caldwell 1:56.93, 2-Neil Jasey, Columbia 1:57.16, 3-Chris Cook, Essex Catholic 1:58.08, 4-Brian Wynne, Montclair 1:58.58, 5-Aris Welcher, St. Benedict's Prep 1:58.97, 6-Irving Royston, Science 1:59.37.

1,600-METER RUN: 1-Per Chilstrom, Columbia 4:21.9 record; former record 4:22.7, Dorian Fenner, East Side, 1990, 2-Brian Wynne, Montclair 4:35.6, 3-Claudio Didingi, West Essex 4:37.1, 4-Brian Ayres, West Orange 4:39.0, 5-Dan Dillon, Caldwell 4:40.6, 6-Mike O'Connor, Seton Hall Prep 4:42.0.

3,200-METER RUN: 1-Per Chilstrom, Columbia 9:25.8 record; former record 9:29.1, Antonio Oliveira, East Side, 1992, 2-Geren Clark, West Orange 10:04.7, 3-Brent Marcus, West Essex 10:11.8, 4-Brent Andrews, Montclair Immaculate 10:11.8, 5-Glenn Mullins, Bloomfield 10:20.5, 6-Tahir Bradley, Science 10:22.3.

110-METER HIGH HURDLES: 1-Dexter Douglas, Columbia 14.74, 2-Khyied Zahir, Arts 15.03, 3-Joe Kenley, Columbia 15.23, 4-Paul Tucker, Orange 15.24, 5-Pete Nguyen, West Orange 15.28, 6-Robert Chisome, Seton Hall 15.83.

400-METER INTERMEDIATE HURDLES: 1-Aaron Smith, Montclair 54.15, 2-Hakim Smith, Arts 56.06, 3-Dexter Douglas, Columbia 57.46, 4-Daron Sanfair, Bloomfield 57.54, 5-Chester Bryant, Weequahic 57.78, 6-Brent Andrews, Montclair Immaculate 58.06.

HIGH JUMP: 1-Derrick Ponton, Montclair 6-6, 2-Nolan Farris, Orange 6-4, 3-Andrew Damberville, West Orange 6-2, 4-Tony Peak, University 6-2, 5-Marcus Ponder, Arts, and Levi Wilson, Arts 6-0.

POLE VAULT: 1-Rob Das, Caldwell 12-6, 2-John Scourso, Cedar Grove 12-6, 3-Chris Badleman, Cedar Grove 12-6, 4-Myung Choi, Livingston 12-0, 5-Dan Couter, Caldwell 12-0, 6-John Caprio, Caldwell 11-6.

LONG JUMP: 1-William Holder, Orange 21-5 $\frac{1}{2}$, 2-Hakim Smith, Arts 21-2, 3-Jace Brooks, Montclair Immaculate 21-0 $\frac{1}{2}$, 4-Henry Cook, Montclair 21-0, 5-Simeon Facey, St. Benedict's Prep 20-6, 6-Marcus Banks, Orange 20-1 $\frac{1}{2}$.

SHOT PUT: 1-Romel Cureton, Shabazz 54-3 $\frac{1}{2}$, 2-Oscar Duncan, Columbia 52-10 $\frac{1}{2}$, 3-Keith Baldwin 51-5 $\frac{1}{2}$, 4-Steve Coleman, Columbia 51-2 $\frac{1}{2}$, 5-Joe Cicione, West Essex 48-6 $\frac{1}{2}$, 6-James McLean, Clifford Scott 47-3 $\frac{1}{2}$.

DISCUS: 1-Kareem Jackson, St. Benedict's Prep 162-6, 2-Kevin Barry, Nutley 141-8, 3-John Alvarado, Belleville 139-10, 4-Oscar Duncan, Columbia 133-8, 5-Romel Cureton, Shabazz 131-11, 6-Keith Baldwin, Shabazz 130-9.

JAVELIN: 1-Oscar Duncan, Columbia 181-2, 2-Paul Peri, Millburn 156-0, 3-Albert Donald, Orange 151-4, 4-Shawn Mosey, Irvington 145-10, 5-Tom Ferguson, Orange 142-6, 6-Jeff DeAngelo, Verona 142-2.

1,600-METER RELAY: 1-West Side 3:21.4, 2-Columbia and St. Benedict's Prep 3:24.3, 4-Montclair 3:25.4, 5-Arts 3:26.9, 6-Science 3:28.7.